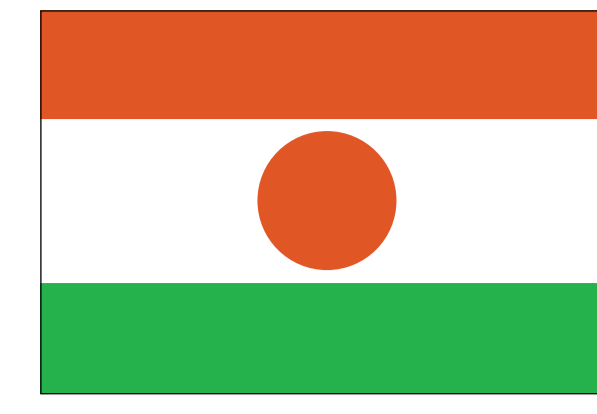


NUTRITION PROFILE

Niger



ACCELERATING HEALTH, SOCIAL AND ECONOMIC DEVELOPMENT OUTCOMES THROUGH IMPROVED NUTRITION

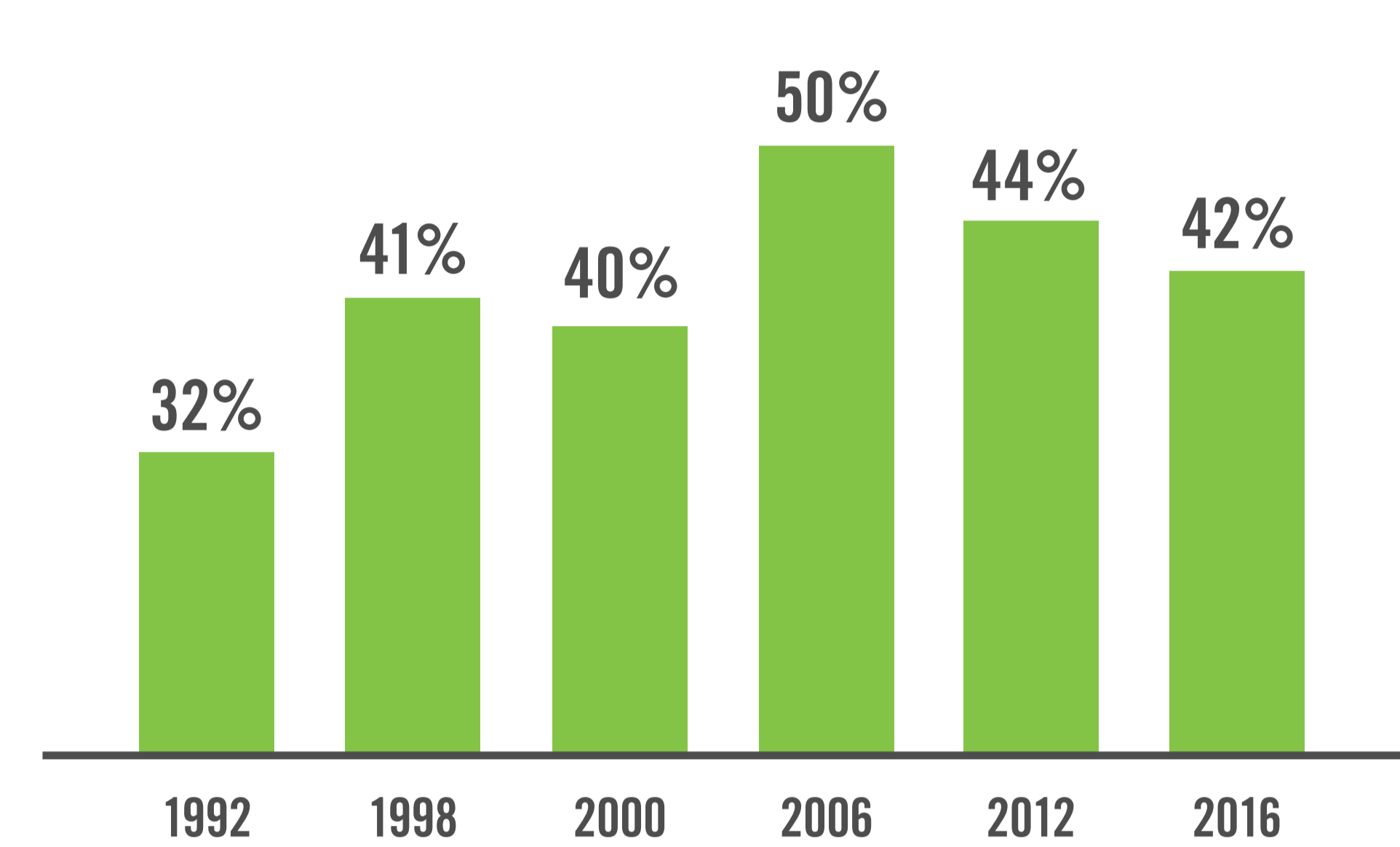
Niger has demonstrated good political commitment to nutrition, including through the development of a costed plan and a designated budget. Yet stunting remains a significant challenge and overall nutrition practices show untapped opportunities to accelerate impact. To realize the full health, social and economic benefits of improved nutrition, Niger should:

- Ensure full implementation of the costed nutrition plan and budget allocation
- Strengthen regulations on the marketing of breast-milk substitutes in line with global recommendations, including effective monitoring and enforcement mechanisms
- Ensure regular nutrition surveys are conducted to help inform policy- and decision-making

INFANT AND YOUNG CHILD FEEDING PRACTICES¹

Early initiation of breastfeeding within the first hour	53%
Exclusive breastfeeding of infants under 6 months	23%
Breastfeeding at 1 year	93%
Minimum acceptable diet (6-23 months)	6%
Minimum dietary diversity (6-23 months)	10%

PROGRESS AGAINST STUNTING²



CHILD NUTRITION INDICATORS

- 36%** of children under-five are **underweight**³
- 42%** of children under-five are **stunted**⁴
- 10%** of children under-five are **wasted**⁵
- 27%** of children are born with **low birthweight**⁶

Malnutrition has lasting effects on individuals, families and nations⁷

- **NEARLY HALF** of all child deaths are related to poor nutrition
- **10% or more** of a person's lifetime earnings can be lost due to lower productivity, reduced cognitive ability and increased health care costs
- **3% to 16%** of the GDP in African economies is lost due to undernutrition

CHILD MORTALITY⁸

127 deaths per 1,000 live births which puts Niger **seriously off-track** to contribute to reducing under-five mortality to 25 per 1,000 live births (Sustainable Development Goal 3).

MATERNAL NUTRITION AND HEALTH⁹

Women of reproductive age with anaemia	46%
Women of reproductive age, thinness	16%
Women of reproductive age, short stature	1%

PROGRESS AGAINST THE WORLD HEALTH ASSEMBLY'S GLOBAL NUTRITION TARGETS 2025¹⁰

	Under-five stunting, 2012	Under-five wasting, 2012	Under-five overweight, 2012	Women of reproductive age anaemia, 2012	Exclusive breastfeeding, 2012	Low birthweight
WHA Global Nutrition Target	40% reduction in the number of children under-five who are stunted	Reduce and maintain childhood wasting to less than 5%	No increase in childhood overweight	50% reduction of anaemia in women of reproductive age	Increase the rate of exclusive breastfeeding in the first 6 months up to at least 50%	30% reduction in low birth weight
Niger's Progress	Off course, some progress	Off course	On course, at risk	Off course	On course	N/A

POLITICAL COMMITMENT FOR NUTRITION

Maternity Leave	14 weeks paid ¹¹
International Code of Marketing of Breast-milk Substitutes	Many provisions in law ¹²
Multi-Sectoral Nutrition Plan	Yes ¹³
Costed Nutrition Plan	Yes, \$96.5 million (2013-2017) ¹⁴
Separate Nutrition Budget	Yes ¹⁵
SUN Country	Since 2011 ¹⁶

CATEGORIZATION OF CODE LEGISLATION¹⁷

Many provisions in law: country has enacted legislation or adopted regulations, decrees or other legally binding measures encompassing many provisions of the Code and subsequent WHA resolutions.

IMPROVING NUTRITION STRENGTHENS NATIONS AS A LEADING CONTRIBUTOR TO:¹⁸

- Reducing mortality rates
- Promoting optimal growth and development
- Decreasing the risk of infectious diseases
- Protecting against chronic conditions later in life
- Improving future earning potential

1 EDSN-MICS 2012

2 EDSN-MICS 1992-2012; Nutritional SMART Survey 2016

3 EDSN-MICS 2012

4 National Nutrition SMART 2016

5 Ibid.

6 UNICEF State of the World's Children 2016

7 *The Lancet*, the World Bank, The Global Panel on Agriculture and Food Systems for Nutrition

8 EDSN-MICS 2012

9 Ibid.

10 Adopted from the Global Nutrition Report 2015. New analysis will be released in 2017

11 ILO Maternity and Paternity at Work 2013

12 WHO National Implementation of the International Code Status Report 2016

13 SUN Niger Annual Progress Report 2015

14 SUN Niger Costed Plan 2015

15 HANCI-Africa 2016

16 SUN Niger Profile

17 WHO National Implementation of the International Code Status Report 2016

18 UNICEF, *The Lancet*