

NUTRITION PROFILE

Togo



ACCELERATING HEALTH, SOCIAL AND ECONOMIC DEVELOPMENT OUTCOMES THROUGH IMPROVED NUTRITION

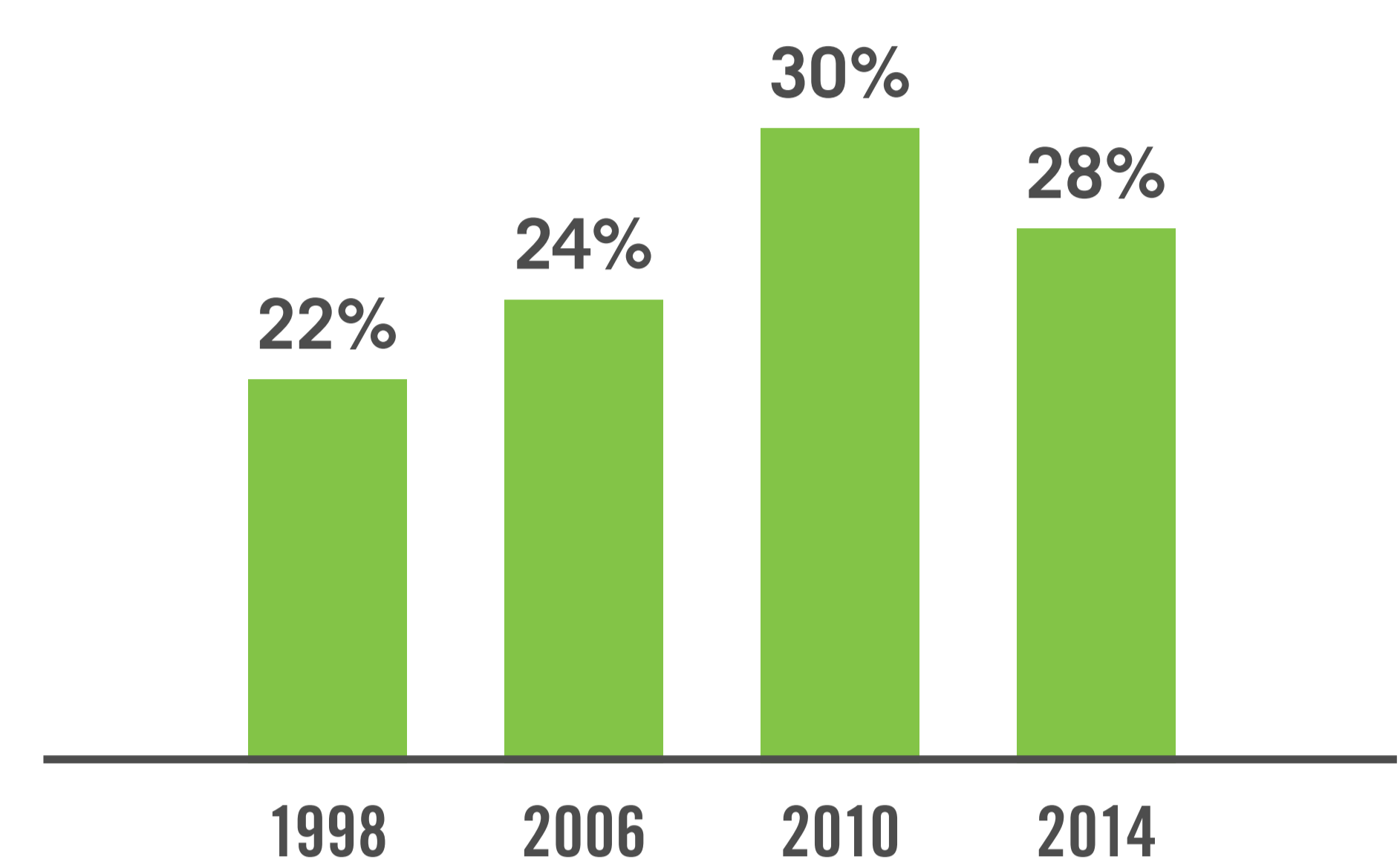
Recently, stakeholder consultation meetings and briefings in Togo have built momentum for nutrition among stakeholders, including government, civil society and private sector partners. However, stunting rates have been largely stagnant for two decades and progress toward most of the Global Nutrition Targets is off-track. Immediate actions that Togo can take to address this include:

- Develop and implement a costed and multi-sectoral nutrition plan to prioritize and guide nutrition activities at the national and community level
- Allocate resources for nutrition programming through a dedicated budget line item
- Adopt and implement the International Code of Marketing of Breast-milk Substitutes

INFANT AND YOUNG CHILD FEEDING PRACTICES¹

Early initiation of breastfeeding within the first hour	61%
Exclusive breastfeeding of infants under 6 months	58%
Breastfeeding at 1 year	94%
Minimum acceptable diet (6-23 months)	12%
Minimum dietary diversity (6-23 months)	20%

PROGRESS AGAINST STUNTING²



CHILD NUTRITION INDICATORS⁵

16% of children under-five are **underweight**

28% of children under-five are **stunted**

7% of children under-five are **wasted**

11% of children are born with **low birthweight**

Malnutrition has lasting effects on individuals, families and nations⁴

- **NEARLY HALF** of all child deaths are related to poor nutrition
- **10% or more** of a person's lifetime earnings can be lost due to lower productivity, reduced cognitive ability and increased health care costs
- **3% to 16%** of the GDP in African economies is lost due to undernutrition

CHILD MORTALITY⁵

78 deaths per 1,000 live births which puts Togo **off-track** to contribute to reducing under-five mortality to 25 per 1,000 live births (Sustainable Development Goal 3).

MATERNAL NUTRITION AND HEALTH⁶

Women of reproductive age with anaemia	48%
Women of reproductive age, thinness	11%
Women of reproductive age, short stature	7%

PROGRESS AGAINST THE WORLD HEALTH ASSEMBLY'S GLOBAL NUTRITION TARGETS 2025⁷

	Under-five stunting, 2014	Under-five wasting, 2014	Under-five overweight, 2014	Women of reproductive age anaemia, 2011	Exclusive breastfeeding, 2013-2014	Low birthweight
WHA Global Nutrition Target	40% reduction in the number of children under-five who are stunted	Reduce and maintain childhood wasting to less than 5%	No increase in childhood overweight	50% reduction of anaemia in women of reproductive age	Increase the rate of exclusive breastfeeding in the first 6 months up to at least 50%	30% reduction in low birth weight
Togo's Progress	Off course, some progress	Off course	Off course, at risk	Off course	Off course, no progress	N/A

POLITICAL COMMITMENT FOR NUTRITION

Maternity Leave	14 weeks paid ⁸
International Code of Marketing of Breast-milk Substitutes	No legal measures ⁹
Multi-Sectoral Nutrition Plan	No ¹⁰
Costed Nutrition Plan	No (2015) ¹¹
Separate Nutrition Budget	No (2015) ¹²
SUN Country	Since 2014 ¹³

CATEGORIZATION OF CODE LEGISLATION¹⁴

No legal measures: country has taken no action or has implemented the Code only through voluntary agreements or other non-legal measures (includes countries that have drafted legislation but not enacted it).

IMPROVING NUTRITION STRENGTHENS NATIONS AS A LEADING CONTRIBUTOR TO:¹⁵

- Reducing mortality rates
- Promoting optimal growth and development
- Decreasing the risk of infectious diseases
- Protecting against chronic conditions later in life
- Improving future earning potential

1 DHS 2013-2014

2 DHS 1998, 2014-2015; MICS 2006, 2010

3 DHS 2013-2014

4 *The Lancet*, the World Bank, The Global Panel on Agriculture and Food Systems for Nutrition

5 UNICEF State of the World's Children 2016

6 DHS 2013-2014

7 Adopted from the Global Nutrition Report 2015. New analysis will be released in 2017

8 ILO Maternity and Paternity at Work 2013

9 WHO National Implementation of the International Code Status Report 2016

10 SUN Togo Annual Progress Report 2016

11 Ibid.

12 HANCI-Africa 2016

13 SUN Togo profile

14 WHO National Implementation of the International Code Status Report 2016

15 UNICEF, *The Lancet*