

To: \_\_\_\_\_

How happy you are when you have made the best preparations for the sacred moment of your child's birthday. The period from pregnancy until the baby is 24 months old is considered the **"golden opportunity"** for the optimal physical and intellectual development of your angel. To learn about the importance of this time in your baby's life and to prepare for the first hours and months of life, please join us for counseling sessions for pregnant women on the topic **"Exclusive Breastfeeding Promotion – Importance and Preparation."**

The tentative schedule is as follows:

**Time:**

1st session: \_\_\_\_\_

2nd session: \_\_\_\_\_

3rd session: \_\_\_\_\_

**Location:** \_\_\_\_\_

**Contact:** \_\_\_\_\_

**Note:** \_\_\_\_\_

Completed sessions:



## Invitation Card for Counseling Sessions



Exclusive Breastfeeding Promotion – Importance and Preparation



To: \_\_\_\_\_

Breastmilk is the best source of nutrients for the development of your baby in the first six months. To know how to breastfeed properly within one hour of birth and to know how to maintain your precious milk supply to exclusively breastfeed in the first six months, please join us for counseling sessions on the topic **“Exclusive Breastfeeding Promotion – Knowledge and Skills.”** The tentative schedule is as follows:

**Exclusive Breastfeeding Support: To help you initiate breastfeeding within one hour after birth**

First session: \_\_\_\_\_

**Exclusive Breastfeeding Management**

1st session: \_\_\_\_\_

2nd session: \_\_\_\_\_

3rd session: \_\_\_\_\_

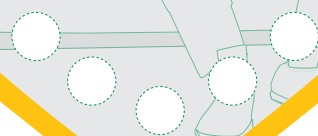
4th session: \_\_\_\_\_

**Location:** \_\_\_\_\_

**Contact:** \_\_\_\_\_

**Note:** \_\_\_\_\_

**Completed sessions:**



## Invitation Card for Counseling Sessions



**Exclusive Breastfeeding Promotion – Knowledge and Skills**



To: \_\_\_\_\_

When your baby has completed the first 6 months (180 days), complementary feeding is essential to ensure optimal physical and intellectual development of your baby. To know the right time to start complementary feeding, feeding techniques, and age-appropriate complementary foods for your baby, please join us for the counseling session on the topic **“Importance of Complementary Feeding at 6 months.”** The tentative schedule is as follows:

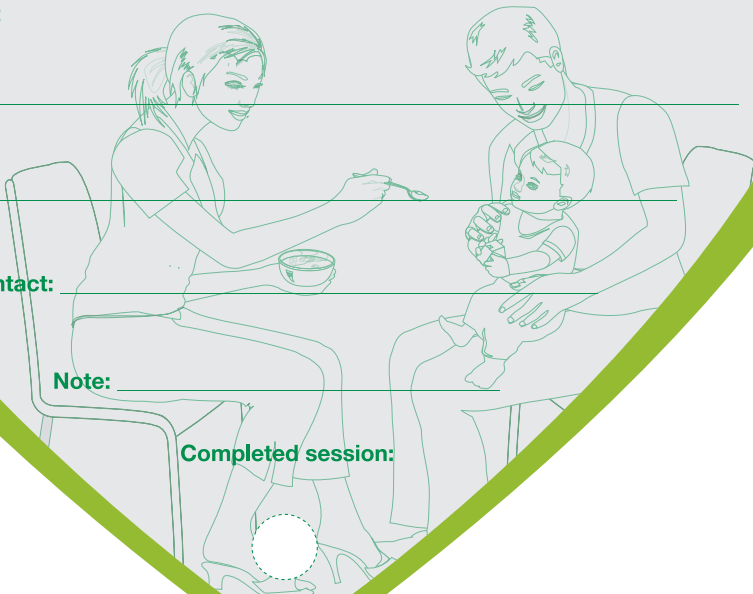
Time: \_\_\_\_\_

Location: \_\_\_\_\_

Contact: \_\_\_\_\_

Note: \_\_\_\_\_

Completed session: \_\_\_\_\_



## Invitation Card for Counseling Sessions



Importance of Complementary Feeding at 6 months



To: \_\_\_\_\_

Appropriate complementary feeding (right quantity, right quality, and right technique) and continued breast-feeding until your baby is 24 months old is important for the optimal physical and intellectual development of your baby. For counseling on complementary feeding and growth monitoring, please join us for counseling sessions on the topic **“Appropriate Complementary Feeding from 6 to 24 months.”** The tentative schedule is as follows:

**Time:**

1st session: \_\_\_\_\_

2nd session: \_\_\_\_\_

3rd session: \_\_\_\_\_

4th session: \_\_\_\_\_

5th session: \_\_\_\_\_

6th session: \_\_\_\_\_

**Location:** \_\_\_\_\_

**Contact:** \_\_\_\_\_

**Note:** \_\_\_\_\_

**Completed session:**

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## Invitation Card for Counseling Sessions



Appropriate Complementary Feeding from 6 to 24 months

