**MATERNAL NUTRITION AND HEALTH**

Sao Tome and Principe has made some progress reducing stunting and has shown political commitment through the development of a National Nutrition Policy. Yet nutrition practices show untapped opportunities to accelerate further impact. To realize the full health, social and economic benefits of improved nutrition, Sao Tome and Principe should:

- Develop and fund a costed nutrition plan and ensure that a separate budget line for nutrition is allocated.
- Adopt and implement the International Code of Marketing of Breast-milk Substitutes, including effective monitoring and enforcement mechanisms.
- Ensure workplace maternity protections are implemented and in line with global recommendations.

**POLITICAL COMMITMENT FOR NUTRITION**

- Reducing mortality rates
- Promoting optimal growth and development
- Decreasing the risk of infectious diseases

**IMPROVING NUTRITION STRENGTHENS NATIONS AS A LEADING CONTRIBUTOR TO:**

- Reducing the risk of infectious diseases
- Improving future earning potential

**PROGRESS AGAINST STUNTING**

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<tr>
<td>1990</td>
<td>32%</td>
<td>35%</td>
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**CHILD NUTRITION INDICATORS**

- **9%** of children under-five are underweight
- **17%** of children under-five are stunted
- **4%** of children under-five are wasted
- **10%** of children are born with low birthweight

**CHILD MORTALITY**

47 deaths per 1,000 live births while the global sustainable development target is to reduce under-five mortality to 25 per 1,000 live births (Sustainable Development Goal 3).

**MATERNAL NUTRITION AND HEALTH**

Women of reproductive age with anaemia:

- **63%**

Women of reproductive age, thinness:

- **5%**

Women of reproductive age, short stature:

- **7%**

**PROGRESS AGAINST THE WORLD HEALTH ASSEMBLY’S GLOBAL NUTRITION TARGETS 2025**

- 40% reduction in the number of children under-five who are stunted
- No increase in childhood overweight
- 50% reduction in women of reproductive age
- Increase the rate of exclusive breastfeeding in the first 6 months up to at least 50%
- 30% reduction in low birthweight

**IMPROVING NUTRITION STRENGTHENS NATIONS AS A LEADING CONTRIBUTORS TO:**

- Reducing the risk of infectious diseases
- Protecting against chronic conditions later in life
- Improving future earning potential

**POLITICAL COMMITMENT FOR NUTRITION**

- Reducing mortality rates
- Promoting optimal growth and development
- Decreasing the risk of infectious diseases

**CATEGORIZATION OF CODE LEGISLATION**

No legal measures: country has taken no action or has implemented the Code only through voluntary agreements or other non-legal measures (includes countries that have drafted legislation but not enacted it).