



World Breastfeeding Week Celebrations–2020



International Symposium organized by
Department of Foods and Nutrition and its Alumni
Faculty of Family and Community Sciences
The Maharaja Sayajirao University of Baroda
(Accredited with "A" Grade by NAAC)



On

**Global Virtual Symposium :- Investing in Maternal
Infant and Young Child Nutrition (MIYCN)
for Sustainable Development : What works, Where are the gaps?
What needs more effort or change?**

August 1st and August 4th 2020

Time: 10:00 am to 07:00 pm

PATRON



**Prof Parimal Vyas,
Hon. Vice Chancellor**
The Maharaja Sayajirao
University of Baroda

DEAN



**Prof Anjali Karolia,
Faculty of Family and
Community Sciences**
The Maharaja Sayajirao
University of Baroda

CHAIRPERSONS



Prof (Dr.) Meenakshi Mehan, PhD.
Head, Department of Foods
and Nutrition



Dr. Arun Phatak, MD.
Pediatrician, Kashiben
Children hospital, Vadodara

CONVENER



Prof (Dr.) Vanisha Nambiar, PhD.
Department of Foods and Nutrition
Vice-President, MSU-FNAA,

MODERATORS

- **Dr Hemangini Gandhi**
- **Dr Shruti Kantawala**
- **Dr Vijayata Sengar**
- **Ms. Mansi Diwanji**

Department of Foods and Nutrition, The Maharaja Sayajirao University of Baroda

REGISTRATION LINK: <https://bit.ly/Globalvirtualsympoiumregistrationform>

In Association with





BACKGROUND

Globally, of all the babies born, over 90 million are not able to experience the optimal feeding practices including early initiation of breastfeeding, exclusive breastfeeding for 6 months and timely and appropriate complementary feeding with continued breastfeeding after 6 months, up to 2 years.

Though there is an increase in the institutional deliveries in the presence of skilled birth attendants there is a wide gap in the compliance and execution of the 10 steps of Baby friendly Hospital Initiative (BFHI) and knowledge and practice of adequate and appropriate MIYCN in developing countries including India.

It is time that we invest heavily in MIYCN for sustainable development and promote healthy diets, pre and peri conceptual guidance and lactation management and form support groups and ensure to enhance the competency of health professionals and managers in implementation of the policy guidelines.

OBJECTIVES

- To understand the Global Scenario on MIYCN practices and way forward towards meeting SDG Goals 2030
- To understand the best practices on MIYCN in institutionalized settings and field situations.
- To understand the recent policies, advancements and knowledge in the area of MIYCN and move a step closer towards BFHI.
- To sensitize, stimulate and empower the policy makers, grassroot level workers and research scholars about the challenges and way forward in the area of MIYCN.
- To prepare a policy document for the policy makers at national & state level.

TARGET AUDIENCE

- Academicians/Pediatricians/Obstetricians/Gynecologists
- Nutritionists/dieticians/ lactation counsellors
- Public health workers/nursing staff/Research Scholars/NGOs
- Policy makers

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Global Virtual Symposium :- Investing in Maternal Infant and Young Child Nutrition (MIYCN) for Sustainable Development : What works, Where are the gaps? What needs more effort or change?

August 1st and August 4th 2020

Date: August 1, 2020

Time: 10.00 am to 1.00 pm (tentative)

The Maharaja Sayajirao University of Baroda- University Song

3 min

Prof (Dr.) Vanisha Nambiar, Symposium Convener, Department of Foods and Nutrition, MSU, Baroda & Convener, WBW Vadodara Alliance

Welcome and Introduction of the theme

5 min

Prof (Dr.) Meenakshi Mehan, Symposium Chair, Head, Department of Foods and Nutrition, Department of Foods and Nutrition, MSU, Baroda

About the Department of Foods and Nutrition

5 min

Prof (Dr.) Anjali Karolia, Dean Faculty of Family and Community Sciences, MSU, Baroda

Opening remarks

5 min

Prof Parimal Vyas, Vice Chancellor, MSU, Baroda

Opening remarks

5 min

Session 1: Moderator: Prof (Dr.) Vanisha Nambiar, Professor, Department of Foods & Nutrition, MSU, Baroda, Convener, WBW Alliance, Vadodara

Chairpersons: Dr Arun Phatak, Senior Pediatrician and Dr Devesh Patel, CMO, VMSS, a Member WBW Vadodara Alliance

Name of the Resource Person

Topic

Time

Dr Arjan De Wagt – Nutrition Chief, UNICEF, India

Setting the context of the Symposium

5 min

Dr. Gayatri Singh, IYCN Specialist, UNICEF, New Delhi, India

Global Scenario on IYCN practices and way forward towards meeting SDG Goals 2030

15 min

Manisha Chandra, IAS, Commissioner, WCD, Gujarat

Best practices and way forward in Gujarat State

15 min

Dr JP Dadhich, National Coordinator, BPNI, New Delhi

Mothers Absolute Affection (MAA) Programme for breastfeeding tools for assessment

15 min

Q and A, Discussion and Summary

Dr Arun Phatak, Dr Devesh Patel, Dr Arjan De Wagt, Dr. Gayatri Singh, Manisha Chandra, Dr JP Dadhich, Prof (Dr.) Vanisha Nambiar, Prof (Dr.) Meenakshi Mehan 20 min

Session 2: Moderator: Dr Shruti Kantawala, Assistant Professor, Department of Foods and Nutrition, MSU, Baroda, Member of WBW Alliance, Vadodara

Chairpersons: Dr R.K Baxi, Former Prof, Department of PCM, Baroda Medical College, member WBW Alliance, Vadodara and Dr Arun Gupta, Central Coordinator BPNI, New Delhi

Name of the Resource Person

Topic

Time

Dr Sebanti Ghosh, Country Programme Director, Alive & Thrive, India

Preconception and Maternal Nutrition Interventions for Improved Maternal and Newborn health, nutrition & well-being.

15 min

Thomas Forissier, Director Programs, Asia, Alive and Thrive, FHI-360

Strategic Planning and Management for Promotion Protection and Strengthening Breastfeeding in South-East Asia

15 min

Binu Anand, National Team Lead, WeCan, New Delhi, India

Fostering Partnerships to Improve Nutritional Outcomes in India

15 min

Q and A, Discussion and Summary

Dr R.K Baxi, Dr Arun Gupta, Dr Sebanti Ghosh, Thomas Forissier, Mr Binu Anand, Dr Arun Phatak, Dr. Gayatri Singh, Manisha Chandra, Dr JP Dadhich, Prof (Dr.) Vanisha Nambiar, Prof (Dr.) Meenakshi Mehan 20 min

Followed by National Anthem

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Global Virtual Symposium :- Investing in Maternal Infant and Young Child Nutrition (MIYCN) for Sustainable Development : What works, Where are the gaps? What needs more effort or change?

August 1st and August 4th 2020

Date: August 1, 2020

Time: 2.00 pm - 5.00 pm (tentative)

Session 3: Moderator: Dr Hemangini Gandhi, Assistant Professor, Department of Foods and Nutrition, MSU, Baroda & Member WBW Vadodara Alliance

Chairpersons: Dr Uma Nayak (Head, Dept of Pead. Parul Univ, Vadodara) and Dr Pallavi Satarkar, President BOGS, Vadodara, Member WBW Vadodara Alliance

Name of the Resource Person	Topic	Time
Dr Arun Gupta (MD FIAP) Central Coordinator BPNI, New Delhi	Health risks associated with ultra-processed foods- What steps can be taken to reduce consumption?	15 min
Dr Binal Shah, Gynecologist -M.D.(O & G) , Diploma Gynae Laparoscopy(Germany) FICOG, CIMP, Vadodara, Member WBW Vadodara Alliance	Role of FOGSI in strengthening public & private hospitals towards BFHI (including case studies)	15 min
Dr Sheila Aiyer, Neonatologists, SSGH and Medical college Vadodara, Member WBW Vadodara Alliance	Priorities for BF during COVID-19: Challenges for NICU and Human Milk Bank	15 min

Q and A, Discussion and Summary

Dr Arun Phatak, Dr Uma Nayak, Dr Arun Gupta, Dr Pallavi Satarkar, Dr Binal Shah, Dr Sheila Aiyer, Prof (Dr.) Vanisha Nambiar, Prof (Dr.) Meenakshi Mehan (20 min)

Session 4: Moderator: Dr Vijayata Sengar, Assistant Professor, Department of Foods and Nutrition, MSU, Baroda & Member WBW Vadodara Alliance

Chairpersons: Prof Uma Iyer, Former Head, Department of Foods & Nutrition and Former Dean Faculty of Family and Community Sciences and Dr Shonali Agarwal Associate Professor, Dept of Ob/Gy, SSG Hospital, Member WBW Vadodara Alliance

Name of the Resource Person	Topic	Time
Prof. (Dr) Vanisha Nambiar, Department of Foods and Nutrition, Faculty of Family and Community Sciences, MSU, Vadodara & Convener, WBW Vadodara Alliance	Minimum Acceptable Diets for pregnant and lactating women for improved Food and Nutrition Security	15 min
Dr Vandana Agarwal- Former Chief of Nutrition, UNICEF, South Sudan	Effectiveness of supplementary suckling technique for infants with SAM and underweight infants	15 min

Q and A, Discussion and Summary

Dr Arun Phatak Prof Uma Iyer and Dr Shonali Agarwal, Prof. (Dr) Vanisha Nambiar, Dr Vandana Agarwal, Prof (Dr.) Meenakshi Mehan (20 min)

National Anthem

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Global Virtual Symposium :- Investing in Maternal Infant and Young Child Nutrition (MIYCN) for Sustainable Development : What works, Where are the gaps? What needs more effort or change?

August 1st and August 4th 2020

Date: August 4, 2020

Time: 4.00 pm to 7.00 pm (tentative)

The Maharaja Sayajirao University of Baroda- University Song

3 min

Prof (Dr.) Vanisha Nambiar, Symposium Convener, Department of Foods and Nutrition, MSU, Baroda, Convener, WBW Vadodara Alliance

Welcome and Introduction of the theme and summary for Day 1 of the symposium

10 min

Prof (Dr.) Meenakshi Mehan, Symposium Chair, Head, Department of Foods and Nutrition, Department of Foods and Nutrition, MSU, Baroda

Opening remarks

5 min

Session 5: Moderator: Ms Mansi Diwanji, Assistant Professor, Department of Foods and Nutrition, MSU, Baroda Member WBW Vadodara Alliance

Chairpersons: Dr Samir Shah, Pead. Narhari Hospital, Vadodara an Member WBW Vadodara Alliance d Dr Shilpi Shukla, Ob/Gy, Isha Hospital, Vadodara Member WBW Vadodara Alliance

Name of the Resource Person

Topic

Time

Dr Taru Jindal , Gynac – MS (Ob/Gy), IBCLC, USA, Associate Director, Reproduction and child health, Doctors for You, Mumbai

How Gynecologists can transform the Breastfeeding scene: from antenatal training to breast crawl

15 min

Dr Rupal Dalal , Pediatrician- Adjunct Associate Professor, Dept of CTARA, IIT Bombay

Effective Breastfeeding Technique and 45 Points of Counseling & Field Experiences on Weight Gains of Newborns

15 min

Dr Archana Chowdhury- National Program Manager, New-Born Care and IYCN, Nutrition International, India

New-Born Care and IYCN- gaps and way forward (India vs Global)

15 min

Q and A, Discussion and Summary

Dr Arun Phatak, Dr Samir Shah, Dr Shilpi Shukla, Dr Taru Jindal, Dr Rupal Dalal, Prof (Dr.) Vanisha Nambiar, Prof (Dr.) Meenakshi Mehan (20 min)

Session 6: Moderator: Dr Shruti Kantawala, Assistant Professor, Department of Foods and Nutrition, MSU, Baroda Member WBW Vadodara Alliance

Chairpersons: Dr Chandresh Pandya, Prof .Dept of PCM, GMERS, Vadodara, Member WBW Vadodara Alliance and Dr Hitesh Vasava, President, IAP, Vadodara, Member WBW Vadodara Alliance

Name of the Resource Person

Topic

Time

Dr AK Rawat, Pediatrician, BPNI, Bhopal, MP – India

IYCN and SAM Management

15 min

Dr Sonya Misra, Neonatologist, LC, San Jose, California, USA

Premature and neonatal nutrition - Best practices Ethics and Interventions (Case studies)

15 min

Ms Sujata Gami (Lamaze, USA)-MSc, LCCE FACCE CD (DONA) Lamaze Certified Childbirth Educator and Program Trainer, USA

Why a Lamaze training program is needed in India for improving new born care?

15 min

Q and A, Discussion and Summary

Dr Arun Phatak, Dr Bhupendra Kapadia, Dr Ashish Gokale, Dr Vandana Agarwal, Dr Sheila Ayier, Dr Meenakshi Patel and Dr Shilpi Shukla Prof (Dr.) Vanisha Nambiar, Prof (Dr.) Meenakshi Mehan (20 min)